DUNNES

SATURDAY 2ND JANUARY 2021 *until* MONDAY 25TH JANUARY 2021









Chicco Next to Me Fitted Cot Sheet ONLY €24.99







WHERE YOU GO, THEY GO

You have embarked on the journey of parenthood, but you will be making many journeys with your little one and the Babylo Aplha Travel Cot will be with you every sleep of the way.

Babylo Alpha Travel Cot (0+) WAS €58.99 **NOW €48.99**







€10 €50

Get a €10 voucher when you spend €50 to be used against your next grocery shop when you spend €50

This is not a voucher. Terms and Conditions apply. See www.dunnesstores.com/promotions for details





TUMMY TIME FUN!

Before you know it, it will be time to play and the NUBY Nursery Gym is the perfect venue for your baby's first tummy time adventure

> NUBY Nursery Play Gym ONLY €39.99

BABY'S BEST BUDDY... AND YOURS TOO!

The NUBY Light & Sound Penguin Sleep Aid omits a soft light with adjustable brightness settings for ultimate calm. Select a soothing lullaby, heartbeat or white noise as the soundtrack to your little one's dreams as you escape for some much needed sleep of your own.

Penguin Sleep Aid **ONLY €29.99**



ONLY **€29.99**

Available in selected stores and online at dunnesstores.com





NUBY Nursery Pram Spiral ONLY €14.99













EVENT

Tommee Tippee Closer to Nature Starterkit / 6x260ml Bottle Set Was €33.35 - €35.40 Now €16.67 - €17.70

ONLY



Tommee Tippee Fiesta Bottle Set / Microwave Steriliser / Click & Twist Tub / Manual Breast Pump WAS €39.34 **NOW €19.67 EACH**

€18^{.99} Tommee Tippee Twist & Click Cassette **ONLY €18.99**



Get a €10 voucher when you spend €50 to be used against your next grocery shop when you spend €50

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NEW NUK First Choice Tempature Control 3 Piece Set €9.99 EACH



€6.38 EACH

Get a €10 voucher when you spend €50 to be used against your next grocery shop when you spend €50

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Your Hospital Bag **Essentials**

To make things a little easier, we have your bag sorted when it comes to bringing baby into the world.

baby



Pink Cellular Blanket

FOR **BABY**

Your bundle of joy is almost here and we have everything you need from day one. Stock up on multi packs of essentials like our organic cotton rage of sleep suits and body suits. Snuggle them up in the softest of blankets, designed with newborns in mind.



Caldesene Powder 100g / Caldespray 100ml ONLY €9.83 - €11.02

€.2.50

Baby Terry Bibs - 3 Pack



€9.50

Elephant Sleepsuits - 3 Pack (Newborn - 23 Months)

ORGANIC COTTON

Available in selected stores and online at dunnesstores.com



Available in store





Bepanthen 100g ONLY €7.15



Irish Breeze Hospital Roll 500g WAS €4.61 NOW €3.91



You're packed and all set to meet your baby. Congratulations mama!



Avenno Baby Hair & Body Wash 300ml / Aveeno Baby Gentle Body Wash 500ml WAS €6.88 NOW €4.60 EACH



Johnson's Cotton Touch Bath 500ml / Lotion 500ml / Powder 400g WAS €4.42 NOW €2.21



DUNNES STORES XL Cotton Soft Wipes €1.50 EACH



DUNNES STORES
Baby Dry New Born Size 1
€1.39 EACH

Pampers Baby Size 1 Carry Pack 22 Nappies WAS €2.39 **NOW €1.99**



Get a €10 voucher when you spend €50 to be used against your next grocery shop when you spend €50

This is not a voucher. Terms and Conditions apply. See www.dunnesstores.com/promotions for details





DUNNES STORES

Baby Dry New Born Size 2

€1.99 EACH





Mix & Match ANY **2** FOR **€4**



NEW! NEW! NEW!

DUNNES STORES Baby Dry Pants €2.35 - €2.49 EACH



Flexible and comfortable



DAY and Night protection



Dermatologically from perfume and lotion



Comfort fit wasit band and elastic leg cuffs to help prevent leakage



Super soft ad breathable



Magical Air channels help and dry



Nappies and wipes for your little one, with love from

DUNNES STORES

Available in selected stores and online at dunnesstores.com



BIG BRAND **VALUE**





Pampers Pure Range WAS €9.99 **NOW €4.99 EACH**



Pampers New Baby Size 1 - 3 /
Active Fit Taped / Pants Size 4 - 6 Jumbo Plus Range
€13 EACH
VALID UNTIL 12/01/2021





Get a €10 voucher when you spend €50 to be used against your next grocery shop when you spend €50

This is not a voucher. Terms and Conditions apply. See www.dunnesstores.com/promotions for details



HIPP Baby Food Range 95c - €2.99 EACH



Cow & Gate 100% Fruit Pots 4x100g Range WAS €2.39 NOW €2 EACH



Ella's Kitchen Smoothie Multipack 4x90g Range €4.59 EACH



BIG BRAND **VALUE**



Milupa Porridge 100g - 200g Range WAS €2.99 - €3.59 NOW €2.24 - €2.69 EACH



Organix Baby Jars 120g - 190g Range €1.49 - €1.65 EACH



Ella's Kitchen Carrot + Parsnip Mini Puffs 30 x 8g ONLY €11.99



Aveeno Baby Range WAS €6.88 - €9.83 NOW €4.60 - €6.58 EACH





Sudocrem Care & Protect WAS €8.80 **NOW €4.40**



Selected Milton Range WAS €2.94 - €5.89 NOW €2.35 - €4.71 EACH



Baby Dove Toiletries Range €3.43 - €4.91 EACH



Johnsons Baby Tolietries Range WAS €2.94 - €4.42 NOW €1.47 - €2.21 EACH

Baby Led **Weaning**

Aileen Cox Blundell is the number one bestselling author of The Baby Led Feeding Cookbook and brand ambassador for Dunnes Stores.

As your baby reaches that six month mark you will probably find yourself researching all the different ways you will start to introduce solid food. You have the choice of the traditional methods, pureeing vegetables, fruits and meats then spoon feeding your baby. Or, you might have come across baby led weaning. Whatever you decide, this is one of the most exciting milestones in your babys development and you are going to have so much fun together.

The baby led weaning method is what my recipes are focused around. It basically means, that the entire family eat the same food. No blending (unless you are making hummus of course), no spoon feeding. Just little hands taking control of the food, all on their own.

Baby led weaning is so much fun, so take a deep breath, grab your camera for those messy face photos and get ready to turn your baby into a little foodie!



Top 10 Tips

to start Baby Led Feeding

EASE

yourself into Baby Led Feeding by starting with really soft foods cut into spears, roasted spears of sweet potato, avocado, soft pears & banana. Your baby will show you their capabilities really quickly.

THINK IN THICK CHIP SIZES

Cut vegetables and fruits into the size of chips to make them the ideal size for little baby hands to manage. At the beginning they won't have developed their pincher grasp so won't be capable of picking up small things like blueberries for example which can leave them feeling frustrated.

5 FORGET THE BOWL

Most high chairs today, have a tray so just use that at the start. It can be removed afterwards and washed in the sink.

TOO MUCH CHOICE

Little portions of food work better than overloading your babies plate. If your baby still seems hungry you can offer more.

DON'T WAIT FOR THEM TO GET 'HANGRY'

When your baby has reached the 'I'm REALLY hungry and I want my food now' phase they get easily frustrated. So, space out the milk feeds and the solid food feeds so that meal time is enjoyable – for both of you.

Mammy & Daddy know best

Trust your instincts, If it doesn't feel right, then just don't do it. All foods should be soft enough to squish between your thumb and index finger, if they can't, then don't give it to your baby!

4

INVEST IN A LONG SLEEVED BIB

A good long sleeved, wipeable bib is a must. It protects your babies clothing and if it has a catch all pocket then you won't have to search for the dropped food.

A WIPEABLE TABLE
CLOTH WILL SAVE
YOUR SANITY

Cut a wipeable tablecloth into quarters then place one piece under your babies high chair. Keep the cloth clean so when food falls onto it you can pick it up and give it back to them.

8CHILL OUT

It is important not to rush your baby when they are eating or help them by putting food in their mouths. Instinctively, babies eat the way we would all probably like to eat, slowly and carefully so trust them.

1 () HAVE FUN!

This is sometimes easier said than done, but trust me on this one. Take a really deep breath, let your baby work away because it flies by, and before you know it you will have a pro-Baby Led Feeder on your hands and the mess of spaghetti in their hair will be just a distant memory.

Spinach, Goat Cheese & Thyme **Mini-Muffins**

These are my number one recipe for starting baby led weaning. They are perfectly soft, packed full of goodness and just the right size for little hands.







O MINS FREEZE ME 6 MONTHS

Ingredients

1 Garlic Clove

2 large handfuls Spinach Leaves - Finely Chopped 140g Plain Flour

1 tsp Baking Powder

1 Egg

125ml Milk

60ml Rapeseed Oil

100g Goat Cheese

4 Sprigs Thyme

Method

- 1. Preheat oven to 190°C
- 2. Heat a tablespoon of oil and gently fry the garlic for about 5 minutes until soft but not brown.
- 3. Add the finely chopped baby leaf spinach to the pan and cook until slightly wilted. This will only take about 2-3 minutes and will keep all the flavour and nutrients in the leaves. Set aside to cool.
- 4. Sieve the flour and baking powder into a bowl.
- In a separate jug add the egg, milk and rapseseed / olive oil and whisk to fully combine.
- Slowly pour this wet mixture into your flour and baking powder whisking until fully combined.
 Take your time to avoid the mixture forming lumps.
- 7. Flake in the goat cheese and thyme and then add the spinach and garlic folding gently into your batter.
- 8. Pour into a greased mini muffin tin and bake for 25mins or until golden brown. Cool on a baking tray before serving







€7

DUNNES STORES Unisex Bodysuit - Pack Of 5 (Newborn-9 Months)

ORGANIC COTTON



Baby Terry Bibs - 3 Pack €2.50



Blue Cellular Blanket €5



White Cellular Blanket €5



stores and online at dunnesstores.com



SHVIDA MATERNITY

BUMP-BEAUTY AT ITS FINEST

Quality maternity wear can often be pricey. However, the Savida Maternity Collection is a godsend for those seeking some affordable bump-beauty and will have you feeling comfortable and confident as you prepare to meet your little one.





CORNELSCOURT STEPHENS GREEN BLANCHARDSTOWN HENRY STREET TALLAGHT SWORDS PAVILION LIFFEY VALLEY NEWBRIDGE BANDON ROAD PATRICK ST NEW JETLAND SC TERRYLAND FORTE SC LETTERKENNY

> Available in selected stores and online at dunnesstores.com